

# The A-Z Fruit and Vegetable Challenge Answers

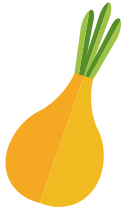


**Albion in the Community**

So how did it go? Did you think of more types of fruit and vegetables than you thought you would? Here are some answers below. Remember, one point for every correct answer.

It is important to eat five portions of fruit and vegetables every single day, so why not pick some from your answers and ask whoever makes your meals if they can include them?

Better still, offer to help cook dinner one night and find a healthy recipe to follow which has your favourite vegetables in it.



<b>A</b>	Asparagus, artichoke, apple, apricot, aubergine.
<b>B</b>	Basil, beetroot, bok choy, broccoli, brussels sprout, banana, blueberry, boysenberry, blackberry, broad bean.
<b>C</b>	Cabbage, cantaloupe, carrot, cauliflower, celery, chilly, chive, corn, cucumber, cannellini bean, celeriac, chard, cherry, chestnut, chicory, courgette, cranberry.
<b>D</b>	Dill, dragon fruit, damson, date.
<b>E</b>	Egg plant, elderflower, elderberry, egg fruit.
<b>F</b>	French sorrel, fig, fennel, French bean.
<b>G</b>	Garlic, grape, gooseberry, grapefruit.
<b>H</b>	Honeydew melon, haricot bean.
<b>I</b>	Iceberg lettuce, Icaco, Indian strawberry.
<b>J</b>	Jalapeño pepper, Jícama.
<b>K</b>	Kale, kohlrabi, kiwi.
<b>L</b>	Leeks, lettuce, loganberry, lime, lychee.
<b>M</b>	Mushroom, mango, mandarin, mangetout, marrow, mint.

<b>N</b>	Nectarine, naranjilla.
<b>O</b>	Onion, okra, orange, olive.
<b>P</b>	Parsnip, pepper, potato, pumpkin, pineapple, peach, pear, papaya, passion fruit.
<b>Q</b>	Quince, quandong.
<b>R</b>	Radicchio, radish, rhubarb, rutabaga, raspberry, rosemary.
<b>S</b>	Shallot, sugar snap pea, spinach, strawberry, sharon fruit, sage, sorrel, swede, sweetcorn.
<b>T</b>	Tomato, tomatillo, turnip, tangerine, tayberry.
<b>U</b>	Ugli fruit, ulluco.
<b>V</b>	Victoria plum, vanilla, voavanga.
<b>W</b>	Watermelon, winter squash, watercress.
<b>X</b>	Ximenia.
<b>Y</b>	Yam, yuzu, yuca.
<b>Z</b>	Zucchini.

Plus many more...





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